

The Hebrew Kitchen Part 1 dangerous foods for our health by Rabbi Simon Altaf Hakohen

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All quotes from the Hidden Truths Hebraic Scrolls unless otherwise quoted.

To talk about Kashrut it's a huge subject and it's not simple to just discuss it in one session. However the aim of this study is not to discuss what is kosher or what not but to give you a broad guide to things that you may use in your kitchen and day to day. For a more thorough understanding you may need to study the Mishnaot and or the Talmudic Halacha regards Kosher laws.

Mixing of meats

Do not mix fish and meat together as it has a health concerns and there are certain diseases that can arise as a result of this mix. We don't know what chemical reactions can occur between different meats such as fish and beef or fish and lamb or fish and goat but we do not that because of the concern it was taught to avoid fish with any other meats. We are here talking about kosher fish, that has fins and scales.

Grilling meat and Fish together

If you are going to grill meat then do not use the same grill on fish unless you clean the grill out first otherwise the meat and fish will mix and you will end up with the concern of disease.

In Ashkenazi custom they do not to use fish cooked in pots and then use those pots to cook meat!

The Talmud mentions certain foods not to be put together as there are concerns from the ruach rah (Evil spirit)

Such as: Peeled Onions, Garlic and eggs.

The suggestion is not to eat peeled eggs, onions, or garlic that were left overnight, because of the evil spirit (ruach rah) that rests upon them. If anyone eats these and dies then he is responsible for his own life as if he committed suicide.

However if you mixed eggs with salt or left part of the skin on the onions then the Halacha permits it.

Ashkenazi customs can also get bogged down with many other details such as if a knife that was used on meat and then was subsequently used on an onion now makes that onion flashic and if you subsequently put that onion into dairy it becomes milk and meat and thus prohibited.

However this is the kind of misunderstanding that we derive from passages of the Torah that were not properly understood but this is not the place to discuss that topic.

The Talmud in Avodah Zarah teaches that an absorbed taste such as a knife becomes stale after 24 hours so it does not prohibit the food where that utensil is used. The same way if a pot was used to cook meat and 24 hours later used to cook milk would be permitted.

Davar Charif

However as far as sharpness of taste is concerned such as an onion, the halacha is that the sharpness of taste rejuvenates the stale taste and can effect another item even after the 24 hours period, hence the knife used in meat cutting an onion can effect it.

Fish and meat mix pots

It is a good idea if you can separate the pots in which you cook meat or fish. This is because meat taste from the walls of the pot will have transference. However if you wash the pots properly then it normally should have no problem as long as no meat is left in the cleansed pot. The Ashkenazim follow the ruling of the Tur from the 13/14th century to separate the fish and meat pots. It may seem extreme to some so its really in how you prepare your fish and meat that really matters.

My personal opinion is that it's nice to have separate pots but not always convenient when considering each pot can cost you \$100 then not everyone can afford to have separate pans and pots. The best way is to use steel pots and wash them between each product cooked and with steel the transference is minor enough in order not to justify purchasing additional pots.

May the El of Y'sra'el guide you and increase those of you who obey His Torah.

Rabbi Simon Altaf Hakohen

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Beyth Yahushua – the Son of Tzadok, the Son of Dawud

Would you like to know the identity of Yahushua's family the man you call Jesus? Did He have brothers and sisters, did He get married, and are not Rabbis meant to marry?

Is it true if Mary Magdalene was His wife and if not then what relationship did she have with him?

Who was Nicodemus and what relationship did Yahushua, have with Nicodemus? Who was the wider family of Yahushua?

For far too long He has been portrayed as the wandering man with no belongings and no family and living outside his home with women offering him money and food. This picture is both misleading and deceptive.

Do you want to know the powerful family of Yahushua that was a threat to Rome?

Who were Mark, Luke, and Matthew? Was Luke a gentile or a Hebrew priest?

What about the genealogy of Luke and Matthew in which the two fathers of Yahushua mentioned are Heli or Jacob in Matthew chapter 1:16 and Luke chapter 3:23 respectively?

This book will give you new insights and the rich history of Yahushua.

Islam, Peace or Beast

Have you ever wondered why radical Muslims are blowing up buildings, bombings planes and creating havoc? We illustrate in this book the reality of radical Islam and the end of days that are upon us. Why are our governments reluctant to tell us the truth we uncover many details. Does the Bible reference Middle-Eastern nations or European nations, how many verses can you spot for Europe? Are Muslims just maligned or what we see in Iraq today is what was spoken about in Isaiah 13 and Isaiah 14? The jihad crazed mind, Rev 17, the beast that arose out of the desert, the beheadings now on a TV in front of you myth or reality.

Does the prophet Ezekiel confirm the end is with Islamists or Europeans? Your eyes are about to be opened on a story that began back in Genesis 4000 years ago.

World War III – Unmasking the End-Times Beast

Who is the anti-Messiah, what countries are aligned with him and many of your other questions answered. All revealed in this book. Which might be the ten nations of the anti-Messiah? What did the prophets say on these events? Is the anti-Messiah a Jew? Where is Babylon and the daughter of Babylon in 2015. The true epic battle for Jerusalem. What part will the United States and United

Kingdom play in the End of Days. See how accurate Rabbi Simon predicts the coming together of these nations. What are the ships of Kittim, who is Ararat, Minni and Ashkenaz? Who are the two thirds of people that will be killed?

World War III – Salvation of the Jews

- How will the salvation of the Jews come about, will they convert to Christianity?
- Will the 3rd Temple be built before the coming of the Messiah? Where is the real site of the Third Temple? Analyzed and explained with the correct hermeneutics.
- Will we have a war with Iran and when? Considering the pundits have been wrong since the last 7 years and only Rabbi Simon has been on track up to this time. What signs will absolutely indicate impending war with Iran calculated and revealed.
- When will the Messiah come, what signs should we be looking for, is it on a Jubilee year?
- Will America win the war in Afghanistan? Yes and No answer with details.
- Who is the prince of Ezekiel and why is he making sin sacrifices. Can one call these educational? Read the correct answers...
- Should we support the Jewish Aliyah to Israel?

Rabbi Simon is the only Rabbi to look at the thorny issues that no one has addressed to date while many people mostly run with popular churchy opinions coloured by bad theology by picking and choosing verses in isolation. Is modern Zionism biblical? Is Israel right to take over territories occupied by Palestinians today? Should people be selling up homes to go and live in Israel? All these thorny questions and even more answered in this book the sequel to the popular prophecy book World War III - Unmasking the End-Times Beast.

Dear Muslim – Meet YHWH the Elohim of Abraham

Truth explained, best seller step by step detailing and unveiling Islam! This book is designed for that friend, son or daughter who is about to convert into Islam but needs to read this first. This is the one stop to saving their soul. Don't procrastinate, get it today so that they may see what is the truth before they cause themselves to be confounded and duped into something totally not true.

The Feasts of YHWH, the Elohim of Israel

Have you ever asked why the feasts were given to Israel as a people? What is the meaning of the festivals and what about their purpose which is all explained in this detailed book that delves into this? Why are we to obey the feasts

forever and if we do not then we could potentially lose our place in the kingdom entry! Well no one said that before but now you will see and experience an exhilarating experience of knowing what it is like to be there. How does it feel to be up all night to celebrate the festival of Shavuot (Pentecost), what does it mean and many other details.

Testament of Abraham

Now it's time to hear Abraham's story from his own mouth what happened, how did he become G-d's friend. What other missing information that we are not told about is made available. Without Abraham there will be no Judaism, no Islam and no Christianity. He is the pivotal point upon which all three religious text claim right but who does Abraham really belong to?

What is Truth?

Have you wondered what truth is and how we measure it? How do we arrive at the conclusion that what you have is truth? How do you know that the religion you have been following for so many years is the original faith? Can we examine Atheism and say why it is or is not true. We examine these things.

Hidden Truths Hebraic Scrolls Tanak 6th Edition

The Bible more myths busted. Packed absolutely full of information - no Hebrew roots Bible even comes close this is guaranteed and these scrolls are the difference between night and day, see for yourself!!! The politically incorrect guide to the Elohim of Israel and the real chosen people of YHWH. Are you willing to listen to what YHWH has said about our world and how He is going to restore all things back including His real chosen people hidden to this day? Many texts uncovered and explained in great details accurately and many corrections made to the many faulty translations out there making this a real eye-opener text.

- ➔ Was Chava (Eve) the only woman in the garden? We reveal a deep held secret.
- ➔ Where did the demons come from?
- ➔ Ezekiel refers to some of Israel's evil deeds in Egypt explicitly uncovered which are glossed over in the King James Version.
- ➔ Who are the Real Hebrews of the Bible, which people does the land of Y'sra'el really belong to? Time to do away with the deception.
- ➔ Did Abraham keep the Sabbath? We show you when and where.
- ➔ But I thought Keturah was Hagar, another error of Judaism corrected.
- ➔ But I thought Keturah was married to Abraham after Sarah's death, no not really. A very bad textual translation.

- ➔ Who was Balaam, a profit for cash as are many pastors and Bishops today doing the same thing running and chasing after the Almighty dollar?
- ➔ Who were Abraham's ancestors, Africa or Europeans?
- ➔ Why did Isaac marry at forty years of age, what happened to his first wife? Rebecca was not his only wife, an error and ignorance of Christendom exposed?
- ➔ Where is Noah's ark likely to be? Not Ararat in Turkey or Iran another error.
- ➔ Who are the four wives of Abraham and who is the real firstborn? Not Ishmael and not even Isaac. Was Isaac his only begotten son another error?
- ➔ All the modification of modern Judaism of the scribes has been undone to give you what was the real text including the original conversation of the Serpent with Chava (Gen 3) unedited plus Abraham's conversation unedited at last in Genesis 18.

The legendary Rabbi Simon Altuf Hakohen guarantees that this will teach you to take the best out there and open their eyes in prophecy, historical argument and theology. He will personally mentor you through the texts of the Torah, the prophets. Does any Bible seller offer this extent of training? We do. And Rabbi Simon is available at the end of an e-mail or just a telephone call away for questions that you have all this time.

Sefer Yashar (The Book of Jasher)

The book of Yashar has been translated from the original sources and with added commentary, corrected names of Elohim with the sacred names and with other missing text from the Hebrew. This will add to the gaps in your knowledge from the book of Genesis such as the following:

- What did the wicked do before the flood?
- Who were Abraham's African ancestors?
- Did Abraham have two wives?
- What relationship did Abraham have with Eli'ezer?
- Did Isaac wait forty years to be married?
- Why did Sarah die so suddenly?
- Did Moses marry in Egypt?
- Moses, what colour? White or Black.
- Many other questions now answered.

Seferim Chanoch (The Books of Enoch)

The books of Enoch details the fall, the names of the angels, what happened in the beginning and what was the result of those fallen angels. Where are they now and what will happen to them. He also reveals the birth of Noach and some very important details around this about the African ancestry of the patriarchs. And many other important details to complete your knowledge.

Yahushua, The Black Messiah

Have you been lied to about the true identity of Yahushua? Have you been shown pictures of the idolatrous Borgias and may have believed that this Caucasian hybrid was Yahushua? What ethnicity was Yahushua and what race of people did He belong to? Is it important that we know His ethnicity? What colour was Moses, King David and King Solomon? We examine and look at the massive fraud perpetrated upon the western nations by their leaders to hide the real identity of the true Hebrew Israelite people and race which are being restored in these Last Days. Would you like to know because it affects your eternity and His true message then get this book now.

Hebrew Wisdom – Kabbalah

The book's purpose is to illustrate basic principles of Kabbalah and to reveal some of the Kabbalah symbolisms. We look at the Sefirot what they mean and how they apply to some of the teachings. We also look at the first chapter in Genesis and examine some of the symbols there. We examine the name of Elohim in Exodus 3:14 and see what it means.

The Apocrypha (With Pirke Avot 'Ethics of The Fathers')

Read the fifteen books of the Apocrypha to get an understanding of the events both of the exile and of Israel's early history. Read Ethics of the Fathers to understand rabbinic wisdom and some important elements of the story of Genesis. The tests, the trials and the miracles of the Temples. Without these books the story in the bible is incomplete and has gaps which these books will fill up and give you a more complete understanding.

African-Israel Siddur transliterated Hebrew with English (Daily life prayers 6th Edition)

Many times we wonder what prayers should we do when we go to bed, when we leave our home in the morning and how do we pray daily? What prayer should I do if I have a ritual bath? What prayer is for affixing a Mezuzah? Each year you wonder how to do the Passover Aggadah and what is the procedure. This book also covers women's niddah laws to give you understanding into women's ritual purity. Unlike other prayer books Rabbi

Simon Altaf Hakohen actually bothers to explain small details that are important and often ignored. This is one book you should not be without.

World War III, The Second Exodus, Y'sra'el's return journey home

How will the genetic Hebrews be taken back to the land? Are the present day Jews in Y'sra'el of ancient stock? Is there any prophecy of foreigners invading Y'sra'el and inhabiting the land? How will Elohim have war with Amalek and wipe them out and who is Amalek today? Why is the Church so confused about bible prophecy?

How will the end come and why is the world hiding the identity of the true Y'sra'elites? Will there be a rapture or marching back on foot? What happens if we die in our exile? And many more questions answered. The time has come to expose the errors of others.

What Else Have They Kept From Us?

This book is as the result of an e-mail conversation with a lady who asked me some questions and one of her questions upon my answer was "What else have they kept from us?" This was the question that led to this book because instead of answering people with small sections of answers I decided the time had come that a book had to be written to answer and address everything as it happened from the start to the end so that many may see that the deception is real and it's a deep cunning deception which starts from your TV screens, in your newspapers followed by wherever you go in your daily life.

How would a person know that they are being deceived if they do not know what to look for? Its like a Ten Pound note well if you saw the original then you have something to compare the false note with but what if you were never presented with the original and always had the fake in your pocket then you will likely think the fake is real and this is how it is with Christianity today that is simply mixing paganism with truth. A false Ten pound note or a bad tender which will give you no value when you redeem it as I uncover it in the pages of this book. Who was Yahushua, the real Hebrews and Y'sra'el.

Patriarchal Marriage, Y'sra'el's Right-Ruling Way of Life, Methods and Practice

How did the Y'sra'elites live? What form of marriage did they practice and how did they practice it? This book is about to show you what was Elohim's design from the beginning and how the Y'sra'elites lived within Elohim's required parameters. Today these things appear mythological but here we show you the methods and ways of how this lifestyle was practiced and is being restored in

these last days while the much touted gentile monogamy is wrecking lives and destroying families and society around us. How many marriages are breaking down as a result of the wrong model and how many children are living fatherless lives while women live husbandless and unfulfilled lives. This book will show you why the Greek and Roman monogamy model with a husband and a wife and a bit on the side does not work. While Elohim's model of plural marriage is an everlasting model that not only works but saves many children from losing their father's and women from losing good husbands.

The Scroll of Yahubel (Jubilees)

The information that is missing in the Torah has been put in here to aid us in understanding the book of Genesis more. There are gaps in Genesis with what happened with Noah? What was going on in Moses's time? This scroll allows us to piece together that information that is so important for our understanding. True names edition with many corrections made.

Who am I?

A Children's book to help the black Hebrew children with identity and direction in life. Many Hebrew children while looking for identity easily stray. While they search for love they end up in gangs to prove themselves and search for that missing something. When they do not find love in their homes due to broken homes often venturing out with devastating consequences, getting involved in criminal activities to prove themselves ruining their lives. This book's purpose is to help these children and even adults find themselves to teach them who they are and to find sound direction in life to secure you to the God of our ancestors where you belong. This will help change many lives.

Paul of Tarsus - The Thirteenth Apostle

We examine if Paul is an apostle and if Pauline epistles match teachings out of the Torah and with the sayings of the rabbi Yahushua. We also show you what the Catholic Church has been hiding from you. You may be surprised to learn that things are not what they seem and you may have been deceived all this time. It's time for the deception to lift and for you to return to the ancient paths.

Hidden Truths Hebraic Scrolls Compendium Guide Chumash Torah -

For those who have the Hidden-Truths Hebraic Scrolls this is a must buy to give you a deeper understanding under the text and its meaning where the footnotes are expounded upon further in various books of the scrolls. To learn the secrets of the Torah. All the Parshas expounded for further understanding. It also contains all the parsha notes.

Hebrew Characters, The Power to have prayers answered

Have you ever tried praying and find that either your prayers take very long time to answer or they don't get answered at all? In frustration you ask other friends to pray for you in hope that you may get an answer from G-d soon. I have given considerable thought about the condition of our people and how many languish in poverty, in situations where they seek for help because they are given false dogmas, put in religious bondage and slavery of the mind and heart.

Many times they make their own lives harder because they have spent so much time in the nations that they just want to live like the gentiles and not Hebrew as they are unaware how to benefit themselves that await them. I know it can be a lonely road at times. Our Abbah in the heavens feels our pain while we live in exile He sends the Shekinah to be with us. He longs for us to return back to the contracts that we may receive all the increases and benefits that are only meant for us.

However we pass our life by with this that and the other person who gives us no joy but we think maybe if we carry on suffering things will change for the better but things NEVER change. This book was written to help for a time such as this to better the lives of our people. To empower them with the right petitions to give them benefits and increases in employment, love, marriage and sickness. This will help you break the spells of witchcraft, dealing with jealous people around you and personal anger issues. This will help you deal with demonic presences in your homes. This will show you how to receive a timely answer to all your prayers. I have used these methods for my students all over the world which have proven successful for them and have greatly benefited them.

It takes many generations for a right-ruling priest to be born in our generations. How many generations our people have suffered the scourge of the curses for not obeying the Torah? Many are still suffering. The Most High is going to raise his priests one by one until we get our restoration complete. Rabbi Simon is of the priestly family born to help his people.

The Kohen is meant to be a benefit to the people of Y'sra'el and is one of the person's that has been given the authority to stand between the heavenly court and the earthly realm. Christian clergy has been lying to you for so long that you don't know what is good for you anymore. The Melezkadek priest's job is not to stand between the heaven and earth as you have been wrongly taught, his job is to be a King and serve justice on the earth with the Torah. While the Christian clergy teaches everyone can be a Melezkadek this is not the truth. Only the Kings of Israel can right hold that title, it's not for anyone else.

There is only one everlasting priesthood and that is the Lewitical one. This book has been written by a Lewitical priest of Beyth of Tzadok, its time you reap the benefits so decide wisely. Even if you are a gentile looking to become part of Israel by conversion the opportunity is open to you to obey the Torah and join us.

I want you all to benefit and to receive what rightly belongs to you.

I could have sold this book for \$100 a piece because everything in this manual would forever change your life once you put it in practice but I decided not to do that as my purpose was not that.

However this book is kept at a low price not for \$100, no, not even \$50 but for a price of \$27 only this will forever change the way you think and pray. I am practically giving this away for you to better your lives. The rest is up to you.

Now that I know I am a Hebrew

You don't just wake up one day and say You are a Hebrew. Being Hebrew brings many processes that need to be completed before you are finally cleaned up as the Abbah desires to fulfil your responsibilities. This book is in the hope to help many of our people who are Hebrews and desiring the change to rid them of idolatry and clean up to present to the Abbah a sacrifice with sweet aroma so that they may serve Him faithfully according to His desire! Are you willing to make the sacrifices required to follow the G-d of Israel?

Religious Confusion and the Everlasting Path to the Torah

Everyone claims their religion is the truth or you will go to hell. The Torah makes only one claim that G-d is interested in our world affairs.

All those that are confused about which religion to follow there is only one voice of G-d and that voice is found in the Torah of Moses. For your eternal rest and peace in your life choose the Torah. This book helps you to make the wise choice to help your life.